

Alberta Health Services Position on Child and Youth Riders

Those younger than 16 years old should not operate all-terrain vehicles.

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Canadian doctors, surgeons and nurses believe that children and youth under 16 years old don't have the skills to drive ATVs safely.



Sources:

- Alberta Centre for Injury Control & Research. (2010) *All Terrain Vehicle (ATV) Injuries in Alberta*. Edmonton: Alberta Centre for Injury Control & Research
- Alberta Health Services (2012) *Smart Risk and the AHS Approach for Teen Risk Management* Alberta Health Services



Learn more at
www.albertahealthservices.ca



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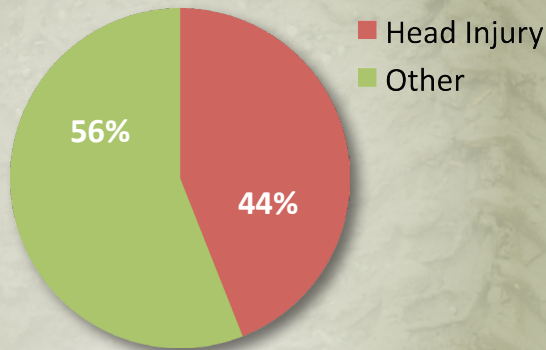
ATV Safety



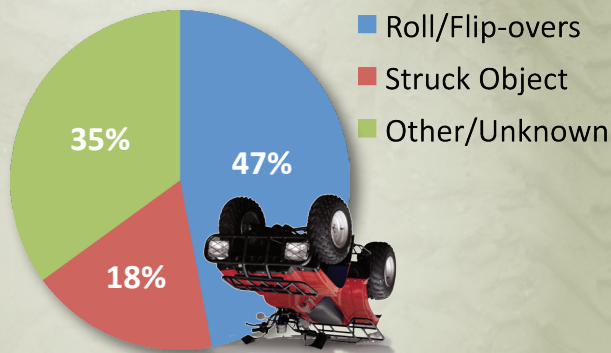
take smart risks

ATV deaths and incidents 2002-2011

- 44% of ATV-rider deaths were due to head injuries



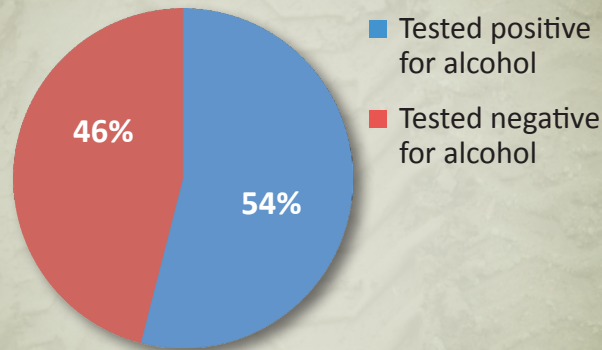
- Roll/flip-overs are the most common ATV incidents that lead to death



- In 77% of head injury deaths, ATV riders were not wearing a helmet



- 54% of those who died in ATV crashes tested positive for alcohol between 2002 and 2011



Take Smart Risks

- Look First:** think ahead; be aware of any hazards; check the weather; watch out for hikers or animals
- Wear the Gear:** jackets; helmets; goggles; gloves; boots; long pants
- Get Trained:** get formal hands on training from a trained instructor
- Buckle Up:** make sure your gear fits properly and is fastened securely
- Drive Sober:** do not use alcohol or drugs; pay attention; be in control
- Seek Help:** tell others where you are going. Take emergency gear and get help immediately when you need it

