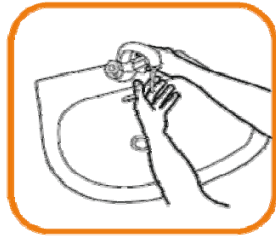


# How to Handwash



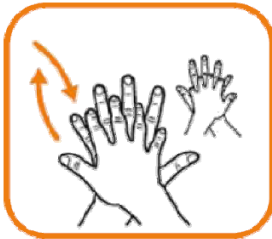
1. Wet hands with warm water



2. Apply soap and lather thoroughly



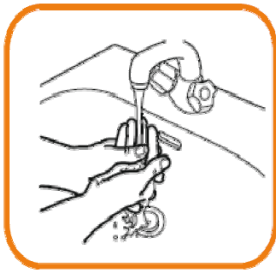
Vigorous rubbing of hands (steps 3 & 4) must take at least 15 seconds



3. Rub palms, spaces between fingers, backs of hands and wrists



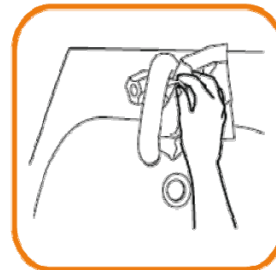
4. Rub fingers, fingertips and thumbs



5. Rinse under running water



6. Pat hands dry with paper towel



7. Turn off tap with paper towel