

# Your Guide to Protecting Your Family from Carbon Monoxide Poisoning

## 4 Ways To Keep Your Family Safe From CO

Many families fail to take the simple steps required to avoid CO tragedy. Here's how to stay safe:

- 1 Each year, have heating systems and gas appliances inspected by a licensed professional.
- 2 If you have wood or gas-fired devices in your home, safety officials recommend installing one CO alarm on every storey for maximum protection. At a minimum, install one CO alarm outside sleeping areas.
- 3 Alarms wear out! If you have any CO alarms over 7 years old... whether plug-in, battery operated or hardwired into your home's electrical system...replace them immediately.
- 4 The symptoms of CO exposure are similar to the flu, without the fever. If any member of your family ever experiences dizziness, fatigue, nausea or confusion for no apparent reason, seek medical help immediately.

**INSTALL**  
carbon monoxide alarms on every store of your home and outside sleeping areas

**REPLACE**  
carbon monoxide alarms every 7-10 years depending on the brand

## 5 Sources of Carbon Monoxide in your Home

Carbon monoxide is called the "Silent Killer" because you can't see it, smell it or taste it. A by-product of fuel combustion, it is deadly! The ONLY way to protect your family is with a CSA-approved carbon monoxide alarm. You NEED a CO alarm if you have...



GAS APPLIANCE



FIREPLACE  
(wood or gas)



GAS HEATING SYSTEM



GAS WATER HEATER



ATTACHED GARAGE  
(or carport)



  
**Parachute**  
PREVENTING INJURIES. SAVING LIVES.  
[www.parachutecanada.org](http://www.parachutecanada.org)

 **Kidde**  
United Technologies

Kidde is a proud sponsor of Parachute

A special rebate offer for Kidde Canada's CO alarms can be found at [www.safeathome.ca](http://www.safeathome.ca)

THIS IS NOT A PRODUCT ENDORSEMENT BY PARACHUTE

# Safe At Home...Protect Your Family From Carbon Monoxide

